

PAIN MANAGEMENT INJECTIONS

Mercy Hospital now offers pain management services to those patients suffering from chronic pain. Three types of injections are offered and are explained below.

- Lumbar epidural steroid injections deliver a steroid medication into the area surrounding the spine to reduce inflammation and swelling usually caused by a pinched nerve, ruptured or bulging disk or injury.
- Sacroiliac joint injections involves injecting a steroid into the joint between the tailbone and pelvic bone. Then inflamed this joint can cause low back pain, difficulty going up and down stairs and other movement problems
- Trigger point injections involves injecting a local anesthetic and sometimes a steroid into a muscle or muscles in the back and neck that is always contracting. The injection into the trigger point of the muscle forces the muscle to relax and reduces inflammation thereby increasing blood flow to the muscle allowing it to heal. Trigger point injections can help with acute and chronic muscle-related pain, including muscle spasm, stiffness and pain.

All pain management injections are ordered by the primary care provider and then administered by the Certified Registered Nurse Anesthetist (CRNA) at Mercy Hospital. For more information regarding this service, please contact Clark Kruta, CRNA or Stephanie Kruta, BSN, MSN OR manager at 701-845-6519.